

**Wright Counseling Group**  
**662-202-7332**

**Child/Adolescent Information Sheet**

*Please provide the following information and answer the questions below. Please note: information you provide here is protected as confidential information.*

*Please fill out this form and bring it to your first session.*

Child's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Gender \_\_\_\_\_

Address: \_\_\_\_\_

City, State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent/ Guardian Name(s): \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ May I leave a message? Yes No

Cell/Other Phone: (\_\_\_\_) \_\_\_\_\_ May I leave a message? Yes No

E-mail: \_\_\_\_\_ May I email you? Yes No

\*Please note: Email correspondence is not considered to be a confidential medium of communication.

Referred by (if any): \_\_\_\_\_

School: \_\_\_\_\_ Phone: \_\_\_\_\_ Teacher: \_\_\_\_\_ Grade: \_\_\_\_\_

How does your child do in school academically? \_\_\_\_\_

How does your child do in school behaviorally? \_\_\_\_\_

Does your child have a learning or physical disability? \_\_Y, \_\_N, \_\_Maybe. Specify: \_\_\_\_\_

\_\_\_\_\_

Does your child have a mental health diagnosis? \_\_Y, \_\_N, Specify: \_\_\_\_\_

\_\_\_\_\_

Does your family have specific spiritual beliefs? \_\_\_\_\_

**Medical History**

During pregnancy, did mother use: \_\_ Cigarettes, \_\_ Alcohol, \_\_ Drugs, \_\_ Experience Extreme Stress?

Specify frequency, amounts, and duration: \_\_\_\_\_

List any birth complications (Ex: Premature, jaundice, C-section, etc.) \_\_\_\_\_

\_\_\_\_\_

List any Medical conditions or history (Ex: Surgeries, broken bones, allergies, etc.) \_\_\_\_\_

Does child use: \_\_\_ Cigarettes, \_\_\_ Alcohol, \_\_\_ Drugs

Specify amount and frequency: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Phone: \_\_\_\_\_ Last seen on: \_\_\_\_\_

Psychiatrist: \_\_\_\_\_ Phone: \_\_\_\_\_ Last seen on: \_\_\_\_\_

Current medications: (Include dosage and frequency): \_\_\_\_\_

Medication Allergies: \_\_\_\_\_

Other Allergies: \_\_\_\_\_

In the first two years, did your child experience: \_\_\_ Separation from mother \_\_\_ Out of home care,  
\_\_\_ Disruption in bonding \_\_\_ Depression of mother \_\_\_ Abuse \_\_\_ Neglect \_\_\_ Chronic pain  
\_\_\_ Chronic Illness \_\_\_ Parental Stress

If yes, please specify: \_\_\_\_\_

Reached developmental milestones: \_\_\_ On time, \_\_\_ Early, \_\_\_ Late

How many times has the child moved homes? \_\_\_\_\_

What are five adjectives that describe:

Primary Caregiver: \_\_\_\_\_

Co-parent: \_\_\_\_\_

Child: \_\_\_\_\_

Parental Relationship: \_\_\_\_\_

### Family History

Parent 1: \_\_\_\_\_ DOB: \_\_\_\_\_

Parent 2: \_\_\_\_\_ DOB: \_\_\_\_\_

\_\_\_/\_\_\_/\_\_\_ Married; \_\_\_/\_\_\_/\_\_\_ Separated; \_\_\_/\_\_\_/\_\_\_ Divorced

Siblings (1<sup>st</sup> to last):

Name: \_\_\_\_\_ Age: \_\_\_\_ Name: \_\_\_\_\_ Age: \_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_ Name: \_\_\_\_\_ Age: \_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_ Name: \_\_\_\_\_ Age: \_\_\_\_

People in household, if different from above: \_\_\_\_\_

\_\_\_\_\_

Was your child adopted by either parent?: \_\_Y, \_\_N; If yes, the date you/they became caretaker: \_\_\_\_\_

Who is the primary caregiver for this child? \_\_\_\_\_

Does Parent 1 work outside of the home? \_\_Y, \_\_N; Occupation: \_\_\_\_\_ Hours: \_\_\_\_\_

Parent 1's highest level of education: \_\_\_\_\_

Does Parent 2 work outside of the home? \_\_Y, \_\_N; Occupation: \_\_\_\_\_ Hours: \_\_\_\_\_

Parent 2's highest level of education: \_\_\_\_\_

If separated or divorced, visitation schedule: \_\_\_\_\_

What is custody arrangement regarding physical and mental health care: \_\_\_\_\_

\_\_\_\_\_

Does either parent have legal issues? \_\_\_\_\_

List any history of mental illness or addiction in immediate or extended family (Ex: Depression, anxiety,

bi-polar disorder, suicide attempts, alcoholism, drugs, ADHD, schizophrenia, etc.): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have children witnessed domestic violence? \_\_Y, \_\_N, Specify: \_\_\_\_\_

\_\_\_\_\_

How is your child disciplined? Please list each method and frequency of use: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Trauma History

Has your child been verbally abused? \_\_Y, \_\_N, \_\_Suspected. Specify: \_\_\_\_\_

\_\_\_\_\_

Has your child been physically abused? \_\_Y, \_\_N, \_\_Suspected. Specify: \_\_\_\_\_

\_\_\_\_\_

Has your child been sexually abused? \_\_Y, \_\_N, \_\_Suspected. Specify: \_\_\_\_\_

\_\_\_\_\_

Other stressors or traumas? \_\_\_\_\_

\_\_\_\_\_

Circle the symptoms your child/adolescent displays and list the number of times per week it is displayed:

Anger	Anxiety	Bed wetting
Acts out sexually	Conduct problems	Controlling Defecation
Has unusual sexual knowledge	Day wetting	Defiance
Depression	Homicidal thoughts/ actions	Disassociates
Drug or alcohol use	Hyperactivity	Masturbates excessively
Hyper vigilance	Impaired conscience	Isolation
Lack of empathy	Lack of motivation	Lethargy
Low impulse control	Plays out violent themes	Low self-esteem
Lying	Nightmares	Plays out sexual themes
Obsesses	Over/Under eating	Phobias
Peer problems	Phobias	Running Away
Shy	Sleeplessness	Stealing
Tantrums	Somatic Symptoms: Headaches/Stomachaches, etc.	

Other: \_\_\_\_\_

\_\_\_\_\_

How does your child/adolescent handle anger? \_\_\_\_\_

\_\_\_\_\_

Has the child/adolescent experienced any significant loss? If yes, explain: \_\_\_\_\_

\_\_\_\_\_

What do you view as your child/adolescent 's major strengths and positive traits? \_\_\_\_\_

\_\_\_\_\_

What are your child/adolescent's hobbies? \_\_\_\_\_

\_\_\_\_\_

What are your child/adolescent's responsibilities at home? \_\_\_\_\_

\_\_\_\_\_

How well does your child/adolescent's handle these responsibilities? \_\_\_\_\_

\_\_\_\_\_

Briefly describe your goals for your child/adolescent's therapy: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list any information you deem to be important for the therapist to know: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Who shall I contact in case of emergency?

Name: \_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_ Relationship \_\_\_\_\_

In this box, please indicate the address and telephone number you want me to use to when sending bills or when I need to contact you. If this box is left blank, I will use the address and any of the telephone numbers you have provided above.

If you do *not* want me to leave a message on your answering machine, please tell me how you want me to reach you by phone:

I hereby consent for Wright Counseling Group to treat my child within the context of family therapy.

Signature

Date

**LIMITS OF CONFIDENTIALITY**

Contents of all therapy sessions are considered to be confidential. Both verbal information and written records about a client cannot be shared with another party without the written consent of the client or the client's legal guardian. Noted exceptions are as follows:

**Duty to Warn and Protect**

When a client discloses intentions or a plan to harm another person, the mental health professional is required to warn the intended victim and report this information to legal authorities. In cases in which the client discloses or implies a plan for suicide, the health care professional is required to notify legal authorities and make reasonable attempts to notify the family of the client.

**Abuse of Children and Vulnerable Adults**

If a client states or suggests that he or she is abusing a child (or vulnerable adult) or has recently abused a child (or vulnerable adult), or a child (or vulnerable adult) is in danger of abuse, the mental health professional is required to report this information to the appropriate social service and/or legal authorities.

**Prenatal Exposure to Controlled Substances**

Mental Health care professionals are required to report admitted prenatal exposure to controlled substances that are potentially harmful.

**Minors/Guardianship**

Parents or legal guardians of non-emancipated minor clients have the right to access the clients' records.

**Insurance Providers** (when applicable) Insurance companies and other third-party payers are given information that they request regarding services to clients. Information that may be requested includes type of services, dates/times of services, diagnosis, treatment plan, and description of impairment, progress of therapy, case notes, and summaries. I agree to the above limits of confidentiality and understand their meanings and ramifications.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_ Today's Date

**CANCELLATION POLICY**

If you fail to cancel a scheduled appointment, we cannot use this time for another client and you will be billed for the entire cost of your missed appointment.

A full fee of is charged for missed appointments or no show cancellations with less than a 24 hour notice unless due to illness or an emergency.

Thank you for your consideration regarding this important matter.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_ Today's Date